

2019 Frostburg State Women's Cross Country Results

Team Results

Date	Event	Place/Teams	Points	Point Scoring
Sept. 7	at Bethany Bison Invitational - Bethany, W.Va. (6K)	No Team Score		
Sept. 13	at Blazer Twilight - Hood College - Frederick, Md. (5K)	No Team Score		
Sept. 21	Lock Haven Invite - Lock Haven, Pa. (6K)	No Team Score		
Oct. 5	at Don Cathcart Invitational - Salisbury University - Salisbury, Md. (6K)	No Team Score		
Oct. 19	at Gettysburg Invite - Gettysburg, Pa. (6K)	No Team Score		
Oct. 26	at MEC Championships - Wheeling, W.Va. (6K)	No Team Score		

Home races in **Bold**

Individual Results (overall finish in parentheses)

Name	Bethany	Blazer - Hood	Lock Haven	Salisbury - Cathcart	Gettysburg	MEC Championships
Sidonie Brown	30:14 (153)	25:42.5 (73)	-	-	-	-
Briana Gibson	-	-	-	-	-	-
Natalie Gray	28:50 (129)	23:21.9 (56)	30:00.3 (372)	27:43.48 (77)	-	-
Isabel Pereira	32:14 (172)	25:14.4 (69)	30:31.9 (377)	28:51.32 (87)	29:38.7 (189)	32:58.42 (55)
Ariyana Ward	30:04 (149)	24:55.8 (68)	-	-	30:06.6 (196)	35:29.91 (61)
Total Runners	202	100	404	133	259	-